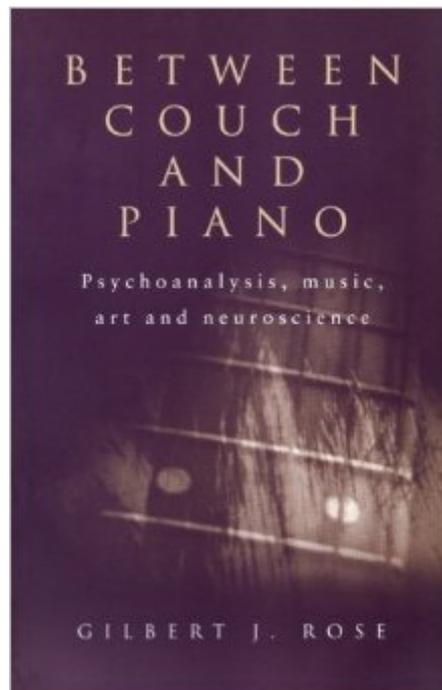


The book was found

# Between Couch And Piano: Psychoanalysis, Music, Art And Neuroscience



## Synopsis

Why and how do music and abstract art pack such universal appeal? Why do they often have 'therapeutic' efficacy? *Between Couch and Piano* links well-established psychoanalytic ideas with historical and neurological theory to help us begin to understand some of the reasons behind music's ubiquity and power. Drawing on new psychoanalytic understanding as well as advances in neuroscience, this book sheds light on the role of the arts as stimulus, and as a key to creative awareness. Subjects covered include: \* music in relation to the trauma of loss \* music in connection with wholeness and the sense of identity \* the ability of music to jump-start normal feelings, motion and identity where these have been seemingly destroyed by neurological disease \* the theory of therapeutic efficacy of music and art. *Between Couch and Piano* is a comprehensive overview that will be of interest to all those intrigued by the interrelation of psychoanalysis and the creative arts. [www.psychoanalysisarena.com](http://www.psychoanalysisarena.com)

## Book Information

Paperback: 224 pages

Publisher: Brunner-Routledge; 1 edition (May 19, 2004)

Language: English

ISBN-10: 1583919732

ISBN-13: 978-1583919736

Product Dimensions: 5.4 x 0.5 x 8.5 inches

Shipping Weight: 12.3 ounces (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 stars [See all reviews](#) (1 customer review)

Best Sellers Rank: #2,876,867 in Books (See Top 100 in Books) #85 in [Books > Humor &](#)

[Entertainment > Sheet Music & Scores > Composers > Gilbert](#) #362 in [Books > Humor &](#)

[Entertainment > Sheet Music & Scores > Forms & Genres > Musicals](#) #362 in [Books > Humor &](#)

[Entertainment > Sheet Music & Scores > Historical Period > Modern Popular](#)

## Customer Reviews

Continuing on the theme that some music reflects our pre-verbal, implicit memories, for example how sweet melodies offer a soothing reassurance or express a longing for oneness and love, the author suggests that some music is also created and listened to in order to help process/integrate early events that caused one to feel overwhelmed. Music then can also serve as a comfort in a way not all that dissimilar to how a loving mother comforts her child when he or she is stressed out. The rhythms and vocals from a musician seem to sometimes resemble the gentle swaying and singing

given to a child. This may be one of the reasons why a song may get stuck in one's head - to try to heal an unresolved memory. Likewise, abstract art is an attempt to represent how it might have felt to have been given "too much too soon" (ie: a feeling of being fragmented into several parts, blanking out, etc). In other words, the author seems to be saying that some music and art reflect an attempt to heal the symptoms of PTSD to one degree or another. To heal a traumatic event after the age of three, when the hippocampus kicks in, one can simply talk to a trusted close friend. The reason it's difficult to find the right words with memories prior to that is because that was the time when the timeless amygdala ran the show. The hippocampus is needed to reflect and contextualize."Nonverbal art, like music stimulates and gratifies the expectancies of a motivational system that seeks corroborating reflections of the flow of one's own mental life by offering augmented and slowed-down external images of virtual tensions and release in the form of aesthetic equivalents of the flow of mental life.

[Download to continue reading...](#)

Between Couch and Piano: Psychoanalysis, Music, Art and Neuroscience The Book of Love and Pain: Thinking at the Limit With Freud and Lacan (Psychoanalysis and Culture) (SUNY Series in Psychoanalysis and Culture (Paperback)) Apropos of Nothing: Deconstruction, Psychoanalysis, and the Coen Brothers (SUNY series, Insinuations: Philosophy, Psychoanalysis, Literature) Psychoanalysis And Feminism: A Radical Reassessment Of Freudian Psychoanalysis Clinical Neuroanatomy and Neuroscience: With STUDENT CONSULT Access, 6e (Fitzgerald, Clinical Neuroanatomy and Neuroscience) 6th (sixth) Edition by FitzGerald MD PhD DSC MRIA, M. J. T., Gruener MD MBA, Gr [2011] Complete Piano Transcriptions from Wagner's Operas (Dover Music for Piano) by Liszt, Franz, Classical Piano Sheet Music (1981) Paperback The Beaver Nation Gridiron Cookbook: Football Food for Tailgating and Couch Surfing (Cookbooks for Guys) (Volume 37) Tales from the Couch: A Clinical Psychologist's True Stories of Psychopathology How Does That Make You Feel?: True Confessions from Both Sides of the Therapy Couch Russian Piano Music: 44 Pieces by Rachmaninoff, Scriabin, Mussorgsky and Others (Dover Music for Piano) Claude Debussy Piano Music 1888-1905 (Dover Music for Piano) Mendelssohn - Piano Trio No. 2 in C Minor, Op. 66: Music Minus One Piano (Music Minus One (Numbered)) Ravel - The Piano Trio: Music Minus One Piano (Music Minus One (Numbered)) Piano Music of Robert Schumann, Series I (Dover Music for Piano) Piano Music of Robert Schumann, Series III (Dover Music for Piano) Arensky - 6 Pieces Infantines, Op. 34; Stravinsky - 3 Easy Pieces for Piano Duet: Music Minus One Piano (Music Minus One (Numbered)) A Natural History of the Piano: The Instrument, the Music, the Musicians--from Mozart to Modern Jazz and Everything in Between The Politics of Passion:

Women's Sexual Culture in the Afro-Surinamese Diaspora (Between Men-Between Women:  
Lesbian and Gay Studies) The Amphibians and Reptiles of Costa Rica: A Herpetofauna between  
Two Continents, between Two Seas The Melancholy of Race: Psychoanalysis, Assimilation, and  
Hidden Grief (Race and American Culture)

[Dmca](#)